

Organizing Chores

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Challenge No 11



My Time Savers

By Anita E Kohli

- **Phone Call Routines** are chores done during phone calls - Chopping veggies - Dusting - Wet wiping surfaces, windows or grills - Ironing.
- **Clubbed Routines** are chores that attach to a daily task - Wake up, do the bed and take clothes off the line - Wash and soak rice and dal while making breakfast - Scrub a corner in the bathroom before bathing - Put dal and rice on the stove and tidy a corner while it cooks.
- **BIT BY BIT.** Split Large Time-Consuming Heavy Cleaning into small parts and do one in rotation daily. For example, wiping down a balcony for me is 3 wiping tasks - grills, sliding window glass panes, sliding window frames.

I get my chores done before meals and while something simmers on the stove. You might need something different.

Keep trying until you find what works for you. It's an effort at first. The ease comes later, when these routines become a habit.

GOALS

TIME SAVERS

Routines that get chores done autopilot once you make them a habit.

BIT BY BIT

Scheduling habits I learned as a young piano student often help me with daily living.

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